



Dr. Jennifer Maxfield-DeCarlo

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Philosophy of Education

Each student comes to the course room with unique experiences and knowledge; it is the jobs of the instructor to help draw out these experiences so as to facilitate learning. Although acquiring new knowledge is important, gaining a passion for negotiating the educational process, managing the stress and anxiety of balancing life roles, and becoming engaged in the active pursuit of knowledge is an exciting process. As with theory, the concepts need to have real life application in order to bring them to life. My professional experiences have been illuminating. Through sharing these and assisting students in recognizing their own life experience applications course material can be active and engaging.

Professional Experience

- Assistant Director of Mental Health at the Evelyn Jordan Center, University of Maryland (2008-2012).
- Psychotherapist in private practice and bereavement counselor (2002-2008)
- Teaching at University of Maryland, University of the Rockies, Axia College.
- Developed Thanatology certification for the University of Maryland School of integrative Medicine.

Education

- **Ph.D.: Human Services, Counseling Studies.** Capella University, 2010

- **MSW:** University of Maryland at Baltimore, Baltimore, MD
- **BSW:** .University of Maryland, Baltimore County, Catonsville, MD, 1998

Licenses and Certifications

- **LCSW-C (2002), Integrative yoga instructor (2015), CISM (1999), Quality Matters (2011)**

Research and Scholarly Activities

Himelhoch, S., Medoff, D., Maxfield, J., Dihmes, S., Dixon, L., Robinson, C., Potts, W. and Mohr, D. Telephone Based Cognitive Behavioral Therapy Targeting Major Depression among Urban Dwelling, Low Income People Living with HIV/AIDS: Results of a Randomized Controlled Trial. Accepted for publication in AIDS and Behavior

Himelhoch, S., Mohr, D., Maxfield, J., Clayton, S., Weber, E. (2010). Feasibility and outcomes of telephone based cognitive behavioral therapy targeting major depression among urban Dwelling African-Americans with co-occurring HIV. *Psychology, Health & Medicine*, 16(2), 156-165.

Maxfield, J. (2010). *Conceptualizing hope in the presence of terminal illness: A qualitative analysis* (Doctoral dissertation). Available from ProQuest database, (UMI No. 33-96575).

Professional Memberships

- American Counseling Association
- Association of Cognitive Behavioral Therapies
- National Association of Social Workers